From the Principal’s Desk

Helmets
Please ensure that students that ride bikes and scooters to school are wearing a helmet. It is a requirement by law that a helmet is worn when riding on streets.

School Crossing
It has been brought to our attention that there are students and parents crossing the road in front of traffic and not using the crossing. Could you please ensure that you use the crossing to deliver students to school and again in the afternoon when they are picked up.

Late Arrival at School
All students are to report to the office if they arrive late to school and receive an “I am Late” note. Office staff will then record the partial absence following DEC Guidelines.

Regional Swimming Carnival
Congratulations to all the students that represented Boggabri Public School at the North West PSSA Swimming carnival yesterday. You are all to be commended on your behavior and sportsmanship.

Congratulations to Lilly Dredge who received a first place in the 13 year girls 50 metre freestyle and will now represent the North West PSSA in Sydney.

Student Absences
If your child is absent from school it is a DEC requirement that parents are required to explain the absences of their children from school promptly and within seven school days to the school. This explanation can be reported by phoning the school office or by sending in a signed note on the students return.

If your child is absent for two days or more the school is required to undertake all reasonable measures to contact parents promptly to investigate the unexplained absence.

P & C Annual General Meeting
The Annual General Meeting for the P & C will be held on Tuesday 18th March. Everyone is welcome to attend. The meeting will start at 3:15pm in the staffroom.

Have a wonderful week!
Charna Wood

School Photographs
The photographers from Advance Life will be visiting the school on Monday 24th March to take this year’s school photos. Each child should have received an order envelope last week. Please return the order envelope and payment to the front office before photo day.

Smarties
Our Smart Start children have been having a wonderful time at Smarties on a Monday and Thursday.
Up Coming Events

Term 1

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<th>Event</th>
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<tr>
<td>P&amp;C AGM</td>
<td>Tuesday 18th March 3.15pm</td>
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<td>School Assembly</td>
<td>Friday 14th March, Yr 4 presenting</td>
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<tr>
<td>Captains Cup Yr 3/4</td>
<td>Thursday 20th March</td>
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<td>School Photograph’s</td>
<td>Monday 24th March</td>
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<td>Netball Skills &amp; Drills Yr 5/6</td>
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Canteen News

There will be NO strawberry milk available in the canteen until further notice.

First Aid Course

Sheree Gibbs from Bago Safety Solutions will be running a CPR and First Aid Course’s at Boggabri Public School on Saturday March 22. If you are interested in completing one of these courses and would like more information on time and costs, please give the school office a call.
Veges and Kids - Don’t tell them they are good for them.

Vegetables are wonderfully nutritious however children are more concerned with the taste of the vegetables than their nutritional content. Many children who say they hate vegetables will not eat vegetables cooked but they will eat them raw. Raw vegetables have a different texture and do not have as strong a smell as cooked vegetables. Luckily for children raw vegetables are even more nutritious than cooked vegetables.

Super Suggestions
- Serve suitable vegetables raw, or just lightly cooked.
- Cut vegetables into bite-sized pieces and serve in a small container so children can help themselves.
- Pizza is always a winner with children and is a great way to disguise vegetables.
- Stir-fry vegetables, which are lightly cooked with a crisp texture kids will love.
- Vegetable fritters are a vegetable dish that is easy to handle and kids will love.

Vegetable Fritter Recipe
A good way of using up some leftover cooked vegetables, these fritters make tasty snacks or light meals.

Ingredients
- 200g ricotta cheese
- 2 tbsp plain flour
- 1 egg
- 1 teaspoon oil
- Black pepper
- 2 spring onions, finely chopped
- 1 cup cooked vegetables, spinach, peas or broccoli florets

Method
Beat together ricotta, flour and egg until smooth. Stir in cooked vegetables and pepper to taste. Brush a large frypan with oil and when hot, place large tablespoons of mixture into pan, cook gently until well browned. Turn once. Serve hot.

Community News

Boggabri Junior Rugby League
The footy season will be starting soon and the committee for the Boggabri Junior Rugby League Club is looking for players who would like to sign up for the club. If there isn’t enough interested players to register this year the club will have to foreclose for this year. All children who would like to play Junior Rugby league this year please contact Craig Devine on 0427101167 by Friday 21st March.

St Barnabas Kids Church
Every Sunday at 9am during school terms for children K – Yr 6. All children are welcome to come and sing, play and learn about God. For further information please contact John Cooper, 6743 4337.

Busy Little Hands at Play
Busy Little Hands at Play will be held on Tuesday 18th March, 1st April & 20th May at 9.45am – 11.45am in the Smart Start room. For further enquires please phone 67923299.

Painting Workshops
On Saturday 19th and Sunday 20th April, painting workshops will be held at Jubilee Oval for both children and adults. Costs per workshop are: $10 per child and $15 per adult, this cost includes all material, paint, brushes, morning or afternoon tea.
Workshop times are as follows:
- Children 5-8 years  Sat 19 Apr      9am – 12noon
- 9-12 years Sun 20 Apr    9am – 12 noon
- Adults    Sat 19 Apr                      1pm – 5pm
- Sun 20 Apr                     1pm – 5pm

Beginners and experienced painters are welcome. Bookings are essential and must be received by Mon 7th April. Contact Jacqui McInerney, 6743 4146 or Donna Turner, 6743 4370 to book. Places are limited.

Narrabri Library Sleepover
Your favourite toy is invited to a sleepover at Narrabri Library. Ever wonder what your toys get up to at night. Come for a pyjama party storytime at the library on Friday 21st March at 6pm. Leave your favourite toy for a sleepover and then come back on Saturday morning to pick them up and see what they do late at night when you are asleep. To book call 6792 3336.

Swimming Club Presentation
The Swimming Club Presentation will be held on Monday 24th March at 5pm at the pool. Presentation will be followed by a BBQ dinner, those attending are asked to bring a plate of food to share.