From the Principal’s Desk

Mrs Dowe
I would like to congratulate Mrs Dowe who has been successful in her application to be the relieving principal at Mullaley Public School for the rest of this term. At this stage the year 3 class will have Miss Mexted until we are able to find a suitable replacement for Mrs Dowe. If you have any concern or questions regarding your year 3 students please contact Miss Mexted.

Handballs
We are selling handballs again this term to raise money for Stewart House. Handballs are $3 and will be sold first thing in the morning by Mrs Wood. Balls will be labelled with your child’s name as soon as they are purchased. Stewart House is a very worthwhile cause that allows many children a two week visit to Sydney.

Selective Class
The selective tests for placement in a selective school will be conducted on the 13th of March. I have just received further information about children accessing a selective class in English, Mathematics and Science via the connected classroom, enabling them to attend their local high school and still have access to selective school teaching programs.

Relay for life
This Friday our school will participate in the Relay for Life Schools Day. We will leave school shortly before 11.00am and walk down to the oval to do our relay. While we are there we will sing ‘I still call Australia Home’ and may be filmed by local news crews. We will then go to the swimming pool to cool off and have a barbeque lunch. Cost for the day will be $5 per child.

Swimming
Swimming for sport will not be held this week due to the Relay for Life. If you child brought money in last week this will be used to pay for our swimming on the 28th February. All students are invited to participate in Swimming for Sport and those that bring swimmers and entry fee will be able to attend. Other non-swimming children will participate in sport at school.

Assembly
Our first school assembly will be held on the 28th of February at 9.10am. The first assembly will be hosted by year 5/6. All parents, friends and family are most welcome to attend.

Active After School
Our first Active After School Community afternoon will be held tomorrow afternoon. Infant students in year K – 2 will be participating in circus skills. Students will be given afternoon tea at 3pm before they begin. Please ensure that you are here
at 4 pm to collect your child. All students who have returned their note are allowed to attend. Primary students in years 3-6 will participate in Tae Kwon Do on Thursday afternoon and will also have afternoon tea at 3pm. Students will only be allowed to walk home from school at 4pm if we have parent permission.

School Swimming Carnival

Our apologies, in last week’s newsletter we incorrectly named the champions for the swimming carnival. Following are the correct results:
Senior Girl Champion – Lilly Dredge
11 years Girl Champion – Madison Kerr
Senior Boy Champion – Cruz Morley
11 years Boy Champion – Aaron Strickland
Junior Boy Champion – Fynlay Morley
Champion House – Binalong.

Head Lice
As a follow up to last week’s newsletter we have been provided with information of a product available online for the treatment of head lice. Information on the product is as follows:

**Hit Nitz 4 6** provides an easy, effective, ongoing system to control head lice. It's as simple as two products that work together to give defence in the war against nits.

Our products contain natural ingredients. They are free from artificial fragrance, silicon oils and animal ingredients.

They are gentle to use, but strong enough to give you effective control of head lice and nits.

To control a head lice infestation, use both the Once Off Lotion and the Daily Control Spray. Use the Once Off Lotion as directed to treat the live lice in the hair. There will still be eggs in the hair after treatment that will hatch over
the next 7 - 10 days. To manage the baby lice (nymphs) as they hatch, follow up for a minimum of 10 days with the Daily Control Spray as directed to help break the head lice cycle. Continue using the Daily Control Spray each morning thereafter if head lice are in the school or community to help keep the critters away.

If you don't need to treat a head lice infestation but there are head lice in the school or community, use the Daily Control Spray each morning as directed to help keep head lice at bay.

They offer a money back guarantee if you use our products as directed and you are not satisfied. Just let us know and we will happily refund your money.

Always read the label. Use only as directed. If symptoms persist see your doctor/healthcare professional.

Canteen News
We are still in need of canteen helpers on Monday 24th February, 24th March and 7th April. Please contact the school office if you are able to assist on these days. There are a few plates, bowls & containers left from presentation night, please collected items from the canteen.

ATTENTION: There will be NO strawberry milk available in the canteen until further notice.

First Aid Course
Sheree Gibbs from Bago Safety Solutions will be running a CPR and First Aid Course’s at Boggabri Public School on Saturday March 22. If you are interested in completing one of these courses and would like more information on time and costs, please give the school office a call.

Live Life Well
Our school will again be participating in the Live Life Well, Healthy Kids Program. Throughout the year we will include in the newsletter articles from Live Life Well. Teachers will also be encouraging the students to eat more fruit and vegetables.

Back to School Healthy Lunchboxes
With the kids back at school it is time to look at what your kids are having for lunch. Kids need a healthy lunch to help them to concentrate through the rest of the school day. As kids eat most of their lunches at school, the foods available set the standard for what is considered normal. If it’s not healthy, they’re getting the wrong message each day.

There has been a significant change for the better in school canteens over recent years. Fresh Tastes @ School is a NSW Government initiative that aims to see healthy, delicious foods and drinks served at all public and some private school canteens. Tell your kids to choose the foods colour-coded green.

More information:
- www.goodforkids.nsw.gov.au
- NSW School Canteen Association - www.healthy-kids.com.au

Here are some ideas for tasty but healthy lunchboxes.

- Fruit is essential each day - bananas, apples, mandarins, grapes and berries are no fuss items. You can use tubs or canned fruit but look for the ones in juice rather than syrup.
- Carrots or cherry tomatoes are easy snacks.
- A frozen water bottle keeps food fresh and gives kids a cool, healthy drink.
- If your kids complain about soggy sandwiches try low fat, wholemeal, crispbreads and crackers.
- Check the fat and sugar content of muesli or cereal bars. They should be a treat rather than a daily snack.
- Make one day of the week “Treat Day” so you don’t get nagged every day for junk items.

Key Found
A key has been found at the front of the school on maroon wool, it can be claimed from the school office.
Selective School Class Placement

Dear Parent

Applications for Year 7 entry to the virtual selective class provision are now available for gifted and talented students at this school. Students successful for entry to this virtual class will be enrolled at a local class for the majority of their subjects but will be taught English, mathematics and science in a virtual environment together with other gifted and talented students in rural and remote areas through the creative use of communications technologies. This means that they can access a challenging academic program without leaving home and friends to do so. Further details are available on the following web sites:


If you wish to apply for this provision on behalf of your child you will need to complete an online application at www.schools.nsw.edu.au/shsplacement urgently. Although the web site indicates that these are late applications they will not be considered late by the selection committees if you apply before 28 February 2014.

All candidates for the virtual selective class provision must take the Selective High School Placement Test on 13 March 2014 and you will be advised directly by the High Performing Students Unit about the test centre you will have to take your child to.

If you have already applied for a selective high school on behalf of your child and now wish to change one of your choices to the virtual selective class provision, please do not complete another application but write directly to the Unit to make that change.

If you do not have access to the Internet please contact Boggabri Public School for assistance.

Community News

Boggabri Junior Rugby League

Boggabri Junior Rugby League are asking for expressions of interest for all those interested in playing Junior Rugby League for Boggabri to meet at the Boggabri town pool on Saturday the 22nd February at 1pm. Any enquiries call Roo Devine on 0427109401.

Boggabri Relay for Life

Boggabri will be holding a relay for Life on Saturday 1st March at Jubilee Oval. For further information please call Robyn Grover 6743 4556.

Busy Little Hands at Play

Busy Little Hands at Play will commence on Tuesday 18th February at 9.45am – 11.45am in the Smart Start room. For further enquires please phone 67923299.

Tiny Tots Images Photography

A photographer from Tiny Tots Images Photography will be visiting Boggabri on Thursday 20 February. Please see the attached flyer.